

# How to register for a course on AYSO U?

Step 1: go to [www.aysou.org](http://www.aysou.org)

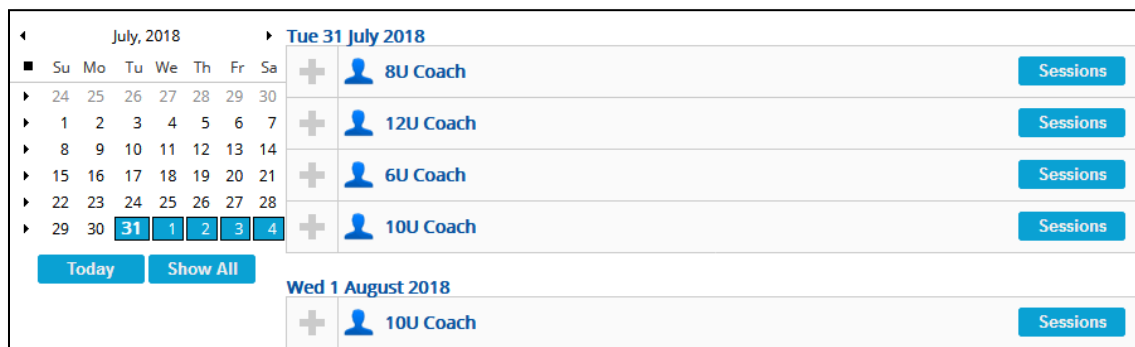
- Click on [Login](#)
- Login using your Blue Sombrero account or your previously used eAYSO account



Step 2: After login, Click on [Live Courses](#)



Step 3: At the next page (See Screenshot below), select the month or date from the calendar for the dates you want to attend a course. A list of available courses will be shown on the right



Step 4: Scroll to the date of the course you are interested. For this example, look for August 11, **Intermediate Coach** and click on **Sessions**.

August, 2018							Sat 11 August 2018	
Su	Mo	Tu	We	Th	Fr	Sa		
		31	1	2	3	4	+ 8U Coach	Sessions
5	6	7	8	9	10	11	+ Regional Referee Course	Sessions
12	13	14	15	16	17	18	+ Intermediate Coach	Sessions
19	20	21	22	23	24	25		

**Step 5:** You will then see a list of Intermediate Coach courses. Look for the course you would like to register

- Click on the course name to get the course information (such as location, prerequisites)
- Click **Register** to register for the course

**a** Note: for this example, we are showing an intermediate coach course

+ 17	Area 1P (Los Angeles): Intermediate/14U Coach Course - 1/P/0076 Beverly Hills CA	Register
Sat 11 Aug 2018, 8:00 AM - 5:00 PM PDT		

**b**